



St. Christopher's College of Education

TRAINING FOR COUNSELLORS, PRINCIPALS AND TEACHERS

30.01.2020 – 02.02.2020

The College organized training for counsellors, principals and teachers to help the community colleges at Jaffna to lay the foundations for an anticipated instructional track in early childhood education. The programme aimed at primarily training the teachers of Jaffna to facilitate them to create student friendly classrooms. Workshops were also organized for principals and counsellors in different leadership styles and parenting skills respectively and the programme anticipated counsellors in turn to conduct training for the parents.

The training programme took place over a period of 4 days from January 30th to 02nd February 2020. The four days of workshop was organized by St. Christopher's College of Education, Chennai sponsored by United Board in collaboration with ANAI and the provincial Ministry of Education. Their aim is to help the teachers and principals encourage creativity and the use of child friendly learning skills that would reduce the need for corporal punishment. This program was officially opened by Jaffna officials from Ministry of Education. Dr. Spurgeon gave the foreword about United Board and its activities towards Whole Person Education.

ANAI was permitted to choose two primary schools to work with the goal of making these two schools as models for other schools to follow. Dr. Thayalan Ambalavanar from ANAI team, highlighted that the initiative was taken by ANAI to create good leadership qualities in Principals, teachers and counsellors who in turn will ensure effective school management in Jaffna. The training Programme was conducted for three groups namely Principals, counsellors and teachers. They were

1. Two-day program on 'Trainers Training for Counsellors on Parenting Skills',
2. One day Program on 'Transformative Leadership Workshop for Principals' and
3. Two-day program on 'Training for Teachers'

Each program started with an introduction by the ANAI team. The experts in the field of training for nearly a decade, Dr. Zarina and Mrs Jelin were the resource persons.



41 Participants from Jaffna who are working as doctors and counsellors participated. The participants were exposed to Understanding Family and Parenting, Developmental Stages and Parental Challenges, Parenting Skills and Disciplining, Effective Parental Communication on the first day of the training.

On the second day they were exposed to Stress Management for Parents, Parental Attitudes, Current Challenges in Parenting. Case Studies were given for group discussion. In these sessions the resource persons highlighted the following: Discipline, Value Education, Three styles of Parenting, Verbal and Non-Verbal Communications, Tips for parents with infants, Preschoolers and Teenagers, Parental Stress Management, etc. The counselors were given a clear idea about Parenting Skills. Interestingly, although participants rated their counselling skills highly at the beginning of the training program, at the end they realized they had a lot to learn which was reflected in the feedback given by the participants during the valedictory program and also in their comments in the evaluation.

Concurrently, 'workshop for Principals' was organized for the 29 School Principals at a different venue. The Resource Persons for this one-day workshop were Fr. Dr. X. Alphonse, Rev Dr. Spurgeon, and Dr. Zarina. The Need for Whole Person Education, Need and importance of Counseling and Leadership Styles were the topics covered. The three presentations were followed by a group exercise and self-assessment of participants' leadership skills. The group exercise was followed by discussions and presentations by the participants.

The two-day training program was conducted for the two permitted schools in Jaffna. This training programme was conducted to equip the teachers on various new trends of the subject-matter and included the following objectives

- to familiarize the teachers with the knowledge on Whole person Education,
- to impart knowledge on Phonics
- to enable the teacher to acquire understanding of child Development and psychology,
- to create awareness for understanding Students Problems and creating friendly class rooms.

At the end of the training program the objectives were fulfilled to meet the existing need of the society.

The inputs to deal the students were presented in the two day program on ‘Training for Teachers’ by the eminent resource team consisting of Rev. Dr. Spurgeon, Dr. Zarina, Mrs. Jeline and Mrs. Asha. 43 teachers participated in this training program from two selected schools. Following the inauguration in the presence of officials from the Ministry of Education, ANAI members and the two school principals, Rev Dr. Spurgeon handled the first session of the two-day training program. He highlighted the importance of whole person education emphasizing the need for the

- Intellectual growth – Academic Excellence,
- Moral growth – Character building
- Growth in social skills and
- Spiritual growth

Participants were encouraged to share their child hood problems through which they were taught the role of self-awareness in their profession. The necessity to create friendly classrooms was insisted by the two eminent Psychology experts Dr. Zarina and Mrs. Jelin which was the prime aim of this training.

The child development session helped out the participants to have practical experience on activity-based teaching which was presented by Mrs. Asha. She gave an overview on ‘Phonics’ for effective English teaching and reading. The teachers participated enthusiastically in the demonstration activities. Participants felt the need of the session and appreciated it. Research shows overwhelmingly that systematic phonics is the most effective way of teaching reading to children, enabling them to become confident and independent readers. The training on Phonics was an intense session, which may perhaps be seen in their feedback reflection.

Conclusion:

Through these sessions the participants were able to realize the need for creating student friendly classrooms and the importance of making students as confident and independent readers. The participants imbibed leadership qualities and developed counselling skills.



Trainers Training for Counselors on Parenting Skills

30th and 31st January 2020, Jaffna.

PARTICIPANTS LIST

| S.No | Name | Designation |
|-------------|---|---|
| 1 | Ms. Udayakala Sivapatha sundaram | Assistant Manager |
| 2 | Mr. S. Mathialagan | Counsellor |
| 3 | Mr. T. Thulasai Karan | Counsellor |
| 4 | Dr.(Mrs.) Vinotha Achchulhan | Medical Officer |
| 5 | Mrs. Briyanthini Ignlesias Gilani | Counsellor (Mental Health) |
| 6 | Mrs. Pavalamathy Aravinth Thevarajan | Counsellor (Mental Health) |
| 7 | Mr. T. Thaneswaran | Counselling Teacher |
| 8 | Mr. N. Kageethavar | Counselling Teacher |
| 9 | Mr. K. Thevarajah | Counselling Teacher |
| 10 | Mr. K. Senthilnesah | Counselling Teacher |
| 11 | Balasupiramaniam Kirubakirushnan | Counselling Teacher |
| 12 | Mrs. T. Rajarathnam | Counselling Teacher |
| 13 | Mrs. P. Thavmakeerthy | Counselling Teacher |
| 14 | Mrs. A.S.D. Surenthiran | Teacher |
| 15 | Mrs. A.A.P, Jeyapriya | Teacher |
| 16 | Mr. T.Kuruparan | Teacher |
| 17 | Mr. M. Arul Roshan Fernando | Teacher |
| 18 | Ms. Januga Kathirgamasundram | Teacher |
| 19 | Mr. Thankavatiel Brunsen | Teacher |
| 20 | Mr. Vigayabalasingam MathyShangor | Teacher |
| 21 | Mr. Sebastian Arudkumaaran | Teacher |
| 22 | Mr. Sivasitamparammatheesan | Teacher |
| 23 | Mrs. Shanthini Apalagan | Counselling Teacher |
| 24 | Mrs. S.Sivapalan | Counselling Teacher |
| 25 | Mrs. Pushpalatha Thaneswaran | ISA (Guidance & Counselling) |

| S.No | Name | Designation |
|-------------|--|----------------------------|
| 26 | Mr. U. Niroshan | Counselling Teacher |
| 27 | Mrs. Valagie Senthuran | Counselling Teacher |
| 28 | Mrs. Nagarohini Rasalingam | Counselling Teacher |
| 29 | Mrs. Priyatharshini Angashan | Counselling Teacher |
| 30 | Mrs. Kulamagalratha Puvanendvan | Counselling Teacher |
| 31 | Miss. Thadshagine Theivendran | Teacher |
| 32 | Mrs. G.T. Stalin Nirosham | Teacher |
| 33 | Mrs. Thanusha | Teacher |
| 34 | Sithambaranathan | Teacher |
| 35 | Mrs. Vijitha Ramesh | Teacher |
| 36 | Mrs. Srilatha Radneswaran | Teacher |
| 37 | Mrs. Parameswamy Paramasivam | Teacher |
| 38 | Mrs. Suseela Jeyasooriyan | Teacher |
| 39 | Mrs. P.Tharmakurthy Counselling | Teacher |
| 40 | Dr. Kalaichelvi Ponnuraj | Counsellor |
| 41 | Dr. Vaitheki Umahsuthan | Counsellor |
| 42 | Mrs. A.P.J Selvarajah | Counselling Teacher |

Transformative Leadership Workshop for Principals

31st January, 2020, Jaffna

PARTICIPANTS LIST

| S.No | Name | Designation |
|-------------|------------------------------------|-------------------------------------|
| 1 | Mr. K. Raveendran | Principal |
| 2 | Mr. R. Vasiharran | Principal |
| 3 | Mr. P.Pirathapan | Principal |
| 4 | T. Vamadevan | Principal |
| 5 | Mrs. S. Piratheepan | Principal |
| 6 | Mr. K. Kuthanathan | Principal |
| 7 | T. Senthilnathan | Assistant Principal |
| 8 | Mr. T.Srikamdanathan | Principal |
| 9 | Mr. S. Vigneswaran | Principal |
| 10 | Kamalaventhana | Principal |
| 11 | N. Selvanantharajah | Principal |
| 12 | T.Mathivathanana | Principal |
| 13 | V.E. Gaston Roy | Principal |
| 14 | Mr. S. Satheeskumar | Principal |
| 15 | J. John Hubert | Teacher |
| 16 | N. Amalasegar | Vice Principal |
| 17 | MV. V. Iruthayaranathar | Principal |
| 18 | Mr. S. Thirikaran | Principal |
| 19 | C. Megarathan | Principal |
| 20 | Mrs. K. Balasingham | Principal |
| 21 | Mr. N. Kandathasan | Deputy Director of Education |
| 22 | Mrs. A. Krishnakumar | Principal |
| 23 | Miss. R. Subramaniamurummal | Principal |
| 24 | Mr. R. NevitGeeuarasa | Principal |
| 25 | Mr. T.Yoganandarajah | Principal |
| 26 | Mv. A. Suntharamoorthy | Principal |
| 27 | Mr. K. Yogeswaran | Principal |
| 28 | Mr. V.S.B Thuseetharau | Principal |
| 29 | Mr. S Nirojan | Principal |

Training for Teachers - Jaffna

1st and 2nd February, 2020

PARTICIPANTS LIST

| S.No | Name | Designation |
|-------------|---|--------------------|
| 1 | Miss. V.Eluxana | Teacher |
| 2 | Miss. A. Rupana | Teacher |
| 3 | Miss. Y. Balasubramaniam | Teacher |
| 4 | Mrs. S. Thushyanthini | Teacher |
| 5 | Mrs. V. Sivanathan | Teacher |
| 6 | Mrs. T. Ravichandran | Teacher |
| 7 | Mrs. Sumitha Uthayachchandran | Teacher |
| 8 | Mrs. Sivakamasunthare Sivarasa | Teacher |
| 9 | Mrs.VijayakumariChandrasegaran | Teacher |
| 10 | MRs. Carolin Juvitran | Teacher |
| 11 | Mrs. T. Sanmugalingam | Teacher |
| 12 | Miss. C.hristen Vergini | Teacher |
| 13 | Mrs. S. Nathakumar | Teacher |
| 14 | Mrs. S. Subakar | Teacher |
| 15 | Mrs. G. Navaralnarajah | Teacher |
| 16 | Mrs. S. Vijayagopal | Teacher |
| 17 | Mrs. R. Pirasanthanan | Teacher |
| 18 | Mrs. S. Gunalan | Teacher |
| 19 | Mrs. K. Nirmalakumar | Teacher |
| 20 | Mrs. J. Pathmanesan | Teacher |
| 21 | Mrs. N. Vimalenthiran | Teacher |
| 22 | Mrs. V. Tharmarajah | Teacher |
| 23 | Mrs. Niranjini Premachandran | Teacher |
| 24 | Mrs. Rakini Thayaparan | Teacher |
| 25 | Mrs. Kamsavathany Srikaneesarasa | Teacher |

| S.No | Name | Designation |
|-------------|---------------------------------------|--------------------|
| 26 | Mrs. Jeniththa Uthayakumar | Teacher |
| 27 | Mrs. J. Kennethmarian | Teacher |
| 28 | Mrs. A.A. Bagayaraj | Teacher |
| 29 | Mrs. R. Marie Irangany | Teacher |
| 30 | Mrs. J. Sivakumar | Teacher |
| 31 | Mrs. V. Nanthakumar | Teacher |
| 32 | MRs. R. Thusyanthan | Teacher |
| 33 | Mrs. S. Rasanayagam | Teacher |
| 34 | Mr. KunjithapathamSureshkumar | Teacher |
| 35 | Mr. Kandhaiya Uthayakumar | Teacher |
| 36 | Mr. S. Sutharsan | Teacher |
| 37 | Mr. S. Loagenthiram | Teacher |
| 38 | R. Mohanthas | Teacher |
| 39 | Mrs. P. Arulchandrean | Teacher |
| 40 | Mrs. Sinthujah Sasikaran | Teacher |
| 41 | Mrs. Niruba Ramesh | Teacher |
| 42 | Mrs. Thayalasounthary Niranjan | Teacher |
| 43 | Mrs. Dilary Saravana | Teacher |

SCHEDULE – 1

Trainers Training for Counselors on Parenting Skills

30th and 31st January, 2020, Jaffna.

Day 1 – Thursday (30.01.2020)

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| 09.00 a.m. - 09.45 a.m. | - Inauguration and Introduction. |
| 09.45 a.m. - 11.00 a.m. | - Understanding Family and Parenting Mrs. Jelin, Women's Christian College. |
| 11.00 a.m. - 11.30 a.m. | - Tea Break. |
| 11.30 a.m. - 12.45 p.m. | - Developmental Stages and Parental Challenges Dr. Zarina, Women's Christian College. |
| 12. 45 p.m. - 01.45 p.m. | - Lunch. |
| 01.45 p.m. - 03.15 p.m. | - Parenting Skills and Disciplining Dr. Zarina & Mrs. Jelin, Women's Christian College. |
| 03.15 p.m. - 03.30 p.m. | - Tea Break. |
| 03.30 p.m. - 04.45 p.m. | - Effective Parental Communication Dr. Zarina, Women's Christian College. |

Day 2 – Friday (31.01.2020)

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| 09.00 a.m. - 10.15 a.m. | - Stress Management for Parents Dr. Zarina, Women's Christian College. |
| 10.15 a.m. - 11.30 a.m. | - Parental Attitudes Mrs. Jelin, Women's Christian College. |
| 11.30 a.m. - 11.45 a.m. | - Tea Break. |
| 11.45 a.m. - 01.00 p.m. | - Current Challenges in Parenting Mrs. Jelin, Women's Christian College. |
| 01.00 p.m. - 02.00 p.m. | - Lunch. |
| 02.00 p.m. - 03.30 p.m. | - Case Studies Dr. Zarina & Mrs. Jelin, Women's Christian College. |
| 03.30 p.m. - 03.45 p.m. | - Tea Break. |
| 03.45 p.m. - 04.30 p.m. | - Valedictory. |

SCHEDULE – 2

Transformative Leadership Workshop for Principals

31st January, 2020, Jaffna

31.01.2020 – Friday

| | |
|-------------------------|--|
| 09.00 a.m. - 09.45 a.m. | - Inauguration and Introduction. |
| 09.45 a.m. - 11.00 a.m. | - Need for Whole Person Education- Spurgeon, United Board. |
| 11.00 a.m. - 11.30 a.m. | - Tea Break. |
| 11.30 a.m. - 12.45 p.m. | - Need and importance of Counseling – Dr. Zarina |
| 12.45p.m. - 01.45 p.m. | - Lunch. |
| 01.45 p.m. - 03.15 p.m. | - Leadership Styles- Fr. Xavier Alphonse - ICRDCE |
| 03.15 p.m. - 03.45 p.m. | - Valedictory. |
| 03.45 p.m. - 04.00 p.m. | - Tea Break |

SCHEDULE - 3

Training for Teachers

1st and 2nd February 2020, Jaffna

Day 1 – Saturday (01.02.2020)

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|-------------------------|--|
| 09.00 a.m. - 09.45a.m. | - Inauguration and Introduction. |
| 09.45 a.m. - 11.00 a.m. | - Whole person Education – Dr. Spurgeon, United Board. |
| 11.00 a.m. - 11.30 a.m. | - Tea Break. |
| 11.30 a.m. - 12.45 p.m. | - Self Understanding, Awareness – Dr. Zarina & Mrs. Jelin, |
| 12. 45p.m. - 01.45 p.m. | - Lunch. |
| 01.45 p.m. - 03.15 p.m. | - Child Development 1- Mrs. Asha, St. Christopher’s Academy. |
| 03.15 p.m. - 03.30 p.m. | - Tea Break. |
| 03.30 p.m. - 04.45 p.m. | - Child Development 2- Mrs. Asha, St. Christopher’s Academy. |

Day 2– Sunday (02.02.2020)

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|-------------------------|---|
| 09.00 a.m. - 10.15a.m. | - Phonics 1 - Mrs. Asha, St. Christopher’s Academy. |
| 10.15 a.m. - 11.30 a.m. | - Phonics 2 - Mrs. Asha, St. Christopher’s Academy. |
| 11.30 a.m. - 11.45 a.m. | - Tea Break. |
| 11.45 a.m. - 01.00 p.m. | - Understanding Students Problem – Mrs. Jelin, |
| 01.00 p.m. - 02.00 p.m. | - Lunch. |
| 02.00 p.m. - 03.30 p.m. | - Creating Friendly Classrooms- Dr. Zarina. |
| 03.30 p.m. - 03.45 p.m. | -Tea Break |

PHOTOGRAPHS

TRAINERS TRAINING FOR COUNSELLORS ON PARENTING SKILLS



TRANSFORMATIVE LEADERSHIP WORKSHOP FOR PRINCIPALS



TRAINING FOR TEACHERS



